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Bangalore Mirror

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43% of urban population now live within 3-km driving distance from a metro station, says geospatial study

EVERYTHING IS CONNECTED

But no first/last mile connectivity yet

Rachana Ramesh
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TWEETS @BangaloreMIRROR

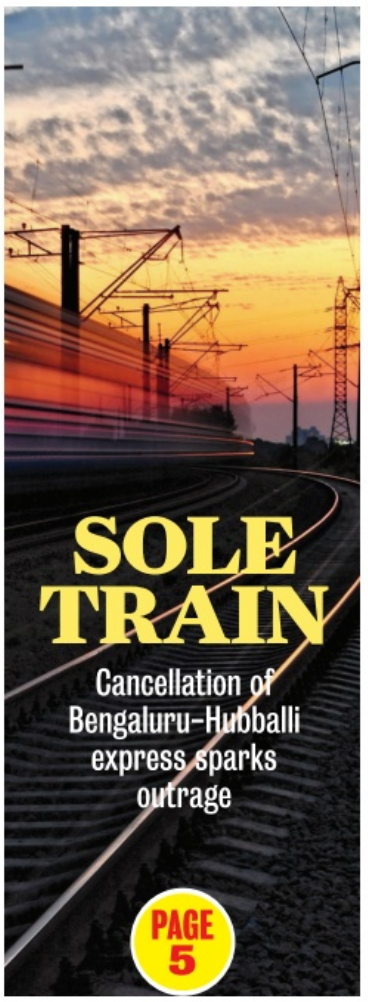
With the completion of the Purple Line of the metro, 43% of the population in Bruhat Bengaluru Mahanagara Palike (BBMP) limits now live within a 3-km driving distance from a metro station, an estimate has found.

Alongside, the Latlong Aaloka geospatial analysis pointed out that once the Yellow Line slated to be inaugurated in 2024 is open for service, the percentage of BBMP population living within a 3-km distance of a metro station will rise to 50.

While many have lauded the growth of the metro and made a switch from using private vehicles to public transport, a large majority complain of poor first

CONTINUED ON PAGE 6 »

"Cost of reaching metro by auto rickshaw is Rs 70-80; too expensive
— Jayanth, commuter



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3 THINGS TO DO

01 Pottery show

After a break of six years, Bengaluru Studio Potters Market returns to showcase the incredible talents of 36 artists from various places in India. You can get your hands on some of the unique creations. It's a wonderful opportunity for art enthusiasts, collectors, and the general public to connect with these creators.
Where: Chitrakala Parishath
When: December 8 to 10; 10:30 am–7 pm

02 Check the speed

If you are a motorsport enthusiast, then get ready to participate at the 9th edition of Vroom Drag Meet. This meet is being organised by Vroom Motorsports, and this three-day event is a celebration of cutting-edge automotive technology. The meet showcases the world's fastest sport, drag racing, on a recognised international stage where two cars or bikes race side by side over a quarter-mile, with the winner advancing to the next round.
Where: Taneja Aerospace and Aviation Ltd, Hosur
When: November 24 to 26
Register: https://vroom.rehz.in

03 Acting scenes

If you have been waiting to watch an exclusive theatrical performance, then don't miss out on 'Apne Ghar Jaisa', which is directed by Anmol Vellani. The play creates an image of daily bigotry that weakens the self. It features Padmavati Rao and Sheetal Sahu. **Where: Ranga Shankara**
When: November 23 and 24; 7:30 pm

It's turning chilly

A woman selling woollen clothes in Majestic on Tuesday

PIC: KAUSHIK JN

Feeling unwell? Trust a doctor, not the internet

State health department advises against self-medication, based on Google suggestions; it emphasises on not taking antibiotics unless prescribed by doctors

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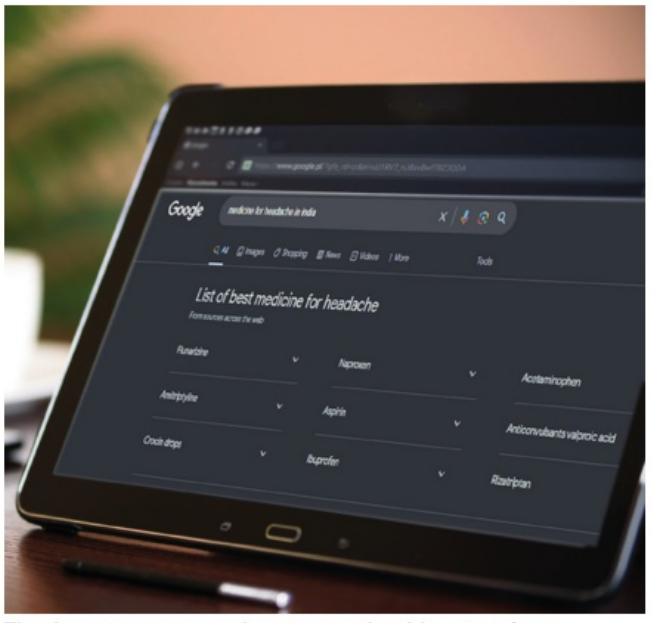
Don't Google and self-medicate. This is the mantra of the state health department. Health department officials said that no one should engage in self-medication, stressing the potential harm it can cause. Officials from the health department said that self-medicating with antibiotics, in particular, is hazardous. Furthermore, they urge the public not to take antibiotics for common colds and coughs unless prescribed by a doctor. It is crucial to complete the entire course of antibiotics as recommended by the doctor and to avoid sharing antibiotics with others or using old prescriptions for various illnesses. Proper disposal of leftover antibiotics is encouraged, and hygienic practices, especially in children, are promoted to prevent infections and reduce the need for antibiotic use.

An official said, "Antimicrobial resistance (AMR) poses a significant threat to global public health, and Karnataka is no exception. Microorganisms developing resistance to drugs designed to kill them, rendering standard treatments ineffective, characterise AMR. This not only compromises the ability to treat common infections but also undermines advancements in medical procedures and interventions.



The department says that no one should engage in self-medication, stressing the potential harm it can cause

The World AMR Awareness Week (WAAW) is a global campaign held from November 18–24 annually, aiming to raise awareness and understanding of AMR and promote best practices among stakeholders to reduce the emergence and spread of drug-resistant infections."

The officials said that the impact of AMR was far-reaching, leading to increased mortality, prolonged illness, and a loss of effectiveness in medical procedures. It places a significant economic burden on families, communities, and countries. The containment of AMR is vital for preserving the efficacy of existing medications, preventing the spread of drug-resistant infections, and mitigating the economic impact associated with prolonged illness and increased healthcare costs. Healthcare professionals play a crucial role in implementing antimicrobial stewardship programmes, educating about rational antibiotic use, and conducting surveillance to monitor antibiotic resistance patterns.

"Pharmacies are urged to practise responsible dispensing, ensuring antibiotics are dispensed only with valid prescriptions and discouraging over-the-counter medications. Patient education is crucial in emphasising proper antibiotic use, completing prescribed courses, and avoiding the sharing of antibiotics. The community is encouraged to engage in public awareness campaigns to educate about the dangers of AMR and promote responsible antibiotic use. Good hygiene practices are highlighted to prevent the spread of infections and reduce the need for antibiotic treatment," added the official.

The battle against AMR adopts a one health approach necessitating a collaborative effort from multiple stakeholders. The Department of Health and Family Welfare, Government of Karnataka, is taking significant strides by implementing comprehensive strategies focusing on responsible antibiotic use, education, and surveillance. The government's leadership, supported by all stakeholders and community engagement, is crucial in successfully combating this global health threat, they explained.

> **"AMR poses a significant threat to global public health, and Karnataka is no exception. Its impact is far-reaching**
> – an official

Heart of the policing matter

Study involving 400 police personnel reveals almost 10% at risk of developing cardiovascular disease

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Nearly 10% of police personnel in Bengaluru are at risk of developing cardiovascular disease (CVD) in the next 10 years, according to a study conducted by researchers from Bangalore Medical College and Research Institute. This is after the researchers screened 400 police personnel above 40 years of age in the city for CVD risk.

Among 400 participants, while 9.3% (37 individuals) fell under the high-risk category, 2.3% (9 individuals) had a moderate risk of CVD and the rest had a low risk of developing fatal or non-fatal cardiovascular events in the next 10 years. Researchers also noted a significant association of cardiovascular disease in the personnel with comorbidities such as diabetes and hypertension.

"Among the 400 study participants, the majority of the participants, 254 (63.5%), belonged to the 40-44 age group. A significant association was found between the presence of diabetes mellitus and/or hypertension and cardiovascular risk. The study did not show any significant association between physical activity or consumption of fruits and vegetables and cardiovascular risk," noted the study.

The study also showed a significant association between CVD risk and factors such as age, marital status, level of education, family history, smoking tobacco, comorbidities such as diabetes and hypertension, and systolic and diastolic blood pressure measured.

Several studies in the past have suggested that police officers and other public safety personnel have a higher risk of cardiovascular morbidity and mortality. This as law enforcement activities are often stressful and physically demanding.

"A significant association was found between the marital status of the individuals and their cardiovascular risk. Unmarried participants were more at risk of cardiovascular risk compared to married individuals. Cardiovascular risk was also found to be associated with the level of education and socioeconomic status," said the study.

A comprehensive risk approach along with periodic screening can be an effective method of preventing cardiovascular events in the long term, suggested the study that was published in Cureus, Journal of Medical Science.

AI to solve knotty traffic puzzles

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The traffic police are adopting cutting-edge technology solutions as part of the road safety and traffic management projects in the city, for which tenders were floated recently. A police official explained that this technology takes the data from the cameras, analyses it and helps the police in regulation of traffic and enforcement as well.

A senior official in the traffic police department told BM, "The contract for the software is almost final, but not signed yet."

Twenty important routes in the city, including the Outer Ring Road, Old Madras Road, Old Airport Road, Hosur Road, Bellary Road, Mysuru Road, Tumkur Road, and Bannerghatta Road, would be monitored for traffic congestion by police authorities using advanced data analytics, said the police.

To control traffic, the chosen company will create an artificial intelligence (AI)-based software.

"This is the software to monitor traffic and provide inputs using AI. So, we take the data from the cameras, after which the data pattern is analysed using AI regarding the traffic density, time or day wise and so on. Based on the analysis, we can predict the pattern on a particular day," said the official.

Future is here

The police will be able to comprehend trends in traffic jams, collisions, and infractions from a third-party platform thanks to data analytics insights. Predictive analytics will be crucial in supplying timely warnings of impending traffic jams and adaptable response strategies.

In order to monitor traffic, the traffic police also intend to mount PTZ cameras on tall buildings at 12 strategic areas. In order to effectively regulate traffic, the traffic department is also getting road stud reflectors, 5,000 tubular cones, 1,000 metal barriers and around five drones.

Case booked, rental fraud probe in progress

DCP South East CK Baba said that the police are investigating a rental fraud case and are trying to get hold of the accused. He also added that after the investigation is completed the police will get to know if the accused has cheated other people as well.

BM had reported on Sunday that a 26-year-old woman had alleged that a man took money from her on the pretext of renting an apartment, but later fled with her money.

The police said that based on the complaint by the woman, they had registered a Non Cognizable case on November 10.

"The man has returned her Rs 50,000 already and the complaint was filed because she didn't get the remaining Rs 35,000. The officer assigned to the case is still investigating the case and after the accused is caught, we will know further details," added the DCP.

The victim also informed BM that on November 19, she received a call from the HSR police station for details.

"They have asked me to come to the police station on Tuesday to provide more details," she said. **BMB**

CRIME FILES

21-year-old stabbed to death

An elderly man is said to have killed a 21-year-old who was allegedly bothering his daughter. David, a food delivery agent, has been identified as the deceased and Manjunath is the accused.

David allegedly was in a relationship with Manjunath's daughter. Manjunath advised David to stay away from his daughter since he did not approve of their relationship. Manjuanth's daughter claimed that David began to harass her and threatened to release their personal images.

Manjunath had summoned David to his home on Monday and stabbed him with a knife. The Ashok Nagar Police have taken the accused into custody, and an investigation is currently in progress.

Shekhar H Tekkannavar, DCP, Crime, told the media that the accused had been taken into custody and had confessed to killing David. **BMB**

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Students and pedestrians anticipate safe crossings

Race Course skywalk – construction delay, contractor's disappearance; citizens call for urgent completion

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Unfinished skywalk sparks concerns

The delay in completing the skywalk on Race Course, near Bharatiya Vidya Bhavan has become a matter of concern for pedestrians and students of nearby educational institutions. The Rs 1.80 crore skywalk is being constructed to ensure the safety of pedestrians and students of these educational institutions while crossing the road without any hassle.

Bangalore Mirror published a story, 'The Slipper Contractor,' on December 2, 2022, narrating the disappearance of a contractor who went missing after cutting open the sidewalk for the construction of a skywalk. The dug-up stretch on the footpath caused several problems for students waiting at the adjacent bus shelter, affecting their ability to board Bengaluru Metropolitan Transport Corporation (BMTC) buses heading towards Sivananda Circle and other areas.

There was a delay in commencing the construction work because the contractor mistakenly dug up the wrong place for the skywalk. The digging work stopped when the Bruhat Bengaluru Mahanagara Palike (BBMP) engineer discovered a Cauvery water pipeline passing under the footpath. The BBMP not only filed a criminal complaint against the contractor but also decided to relocate the skywalk a few meters from the initially excavated site.

Now, the BBMP has managed to put the structure of the skywalk in place, but it failed to complete the construction of stairs on both sides. "The construction of the skywalk was initiated a year ago, but it is yet to be completed. It is not a concrete skywalk but a steel one. I do not know why the BBMP authorities or the contractor are taking too much time to finish the construction work," said Mahantesh J, a pedestrian. Urging the BBMP authorities to complete the skywalk work as soon as possible, Pramod Kumar, a student of Government Ramnarayan Chellaram College, stated that the skywalk would greatly benefit students boarding buses heading towards Shivajinagar and other areas. "I want the construction of the skywalk to be completed without further delay," said Pramod Kumar.

> **"I want the BBMP authorities to provide a lift facility for the skywalk, as it will help senior citizens reach the other side of the road**
> – A pedestrian

A few pedestrians question the need for the skywalk, as a pedestrian crossing is available a few meters away from the bus stops on both sides of the road. "I want the BBMP authorities to provide a lift facility for the skywalk, as it will help senior citizens reach the other side of the road. The BBMP authorities should also ensure the maintenance of the skywalk, as the condition of most skywalks is far from satisfactory," said a pedestrian, requesting anonymity.

Meanwhile, the BBMP traffic engineering cell assistant executive engineer has stated that the construction of the skywalk will be completed shortly. "The skywalk will have stairs as well as a lift facility on both sides. We will take measures for the maintenance of the skywalk," the assistant executive engineer said.

'Resting point' for gig workers using MPLAD funds

A 'resting point' has been set up for gig workers outside the office of Member of Parliament Tejasvi Surya, using funds from the Members of Parliament Local Area Development Scheme (MPLAD).

"Gig workers, like delivery executives, commute around the city on two-wheelers almost throughout the day, and this definitely leads to a lot of fatigue," the MP said on Twitter (now X), adding that the point has been created to enable breaks during their busy schedules.

"We've partnered with Zomato to provide refreshments like tea and biscuits for all delivery partners reaching here. This is the second such resting zone that we've set up, with the other one operating from Vega City Mall," he said.

While gig workers have welcomed the move, they have called on authorities to intervene to ensure that they receive fair wages and social security. Ranoji Rao, a delivery partner with a grocery portal, said, "These are band-aid fixes. The government must question why we have to work for more than 12 hours, relentlessly, to make a minimum wage in the first place. They must intervene to recognise us as workers and protect our interests under the existing labour laws."

Others have called on the Bruhat Bengaluru Mahanagara Palike (BBMP) to ensure the parks under their jurisdiction are kept open throughout the day to help provide leisure for gig workers among others, such as pourakarmikas. Last year, the issue became a controversy after instances of local residents closing the park premises from 10 am to 5 pm came to light. Instances of gig workers, pourakarmikas, and daily wagers being banned from using the amenities within parks were also reported. After outrage from civil society groups, the BBMP Chief Commissioner, Tushar Giri Nath, in July 2022, issued an order mandating the parks department to keep the gates open between 5 am and 8 pm, with closure from 11 am to 1:30 pm for maintenance.

"The BBMP must conduct regular inspections on whether those in charge of park maintenance are abiding by the order issued by the chief commissioner. They must also encourage those from poor backgrounds to make use of their facilities and penalise locals who encourage discrimination," Usha Rani, a resident who lives in the vicinity of a BBMP park in Chandra Layout that is often closed, said. — BMB

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Burial plot dumping
Babusapalya

Trash was dumped in a burial area on Flower Garden Road in Babusapalya.

Stagnant odour
Indiranagar

The unbearable stench at the BBMP garbage point in Indiranagar is challenging residents and motorists with overflowing leachate, stagnant pools, and odour.

Sidewalk concerns
Medahalli

The footpath from Medahalli bus stop to the government school, extending to Satsang and leading to Kithiganur Lake, is occupied by shops, and the area is in bad shape.

TRACKS ON PAUSE

Cancellation of Bengaluru-Hubballi superfast express sparks dissatisfaction among commuters; activists say SWR is not sensitive to people's needs

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Three days prior to the stoppage, sleeper coaches on the train had been fully booked

The South Western Railways (SWR) has cancelled a Bengaluru-Hubballi superfast express train, citing poor occupancy. However, frequent commuters claim that the train sees good ridership, providing an economical commute for many, and have urged the SWR to revert their decision.

"Train No. 07340/07339 KSR Bengaluru-SSS Hubballi-KSR Bengaluru Superfast Express commencing journey from KSR Bengaluru on November 20, 2023, and from SSS Hubballi on November 21, 2023, will remain cancelled until further advice due to poor occupancy," the SWR said in a press release.

The Bengaluru-Hubballi Superfast Express, introduced only a few months ago, had reduced the burden on Rani Chennamma Express and Belagavi Bengaluru Express trains, becoming the preferred option for most commuters. Now, commuters worry about obtaining confirmed seats on other trains running to Hubballi.

Train no. 07339 SSS Hubballi to KSR Bengaluru Daily Superfast Express Special was notified to run till December 31, 2023, from Hubballi end. While in the return direction, the KSR Bengaluru SSS Hubballi Daily Superfast Express Special train (07340) was notified to run till January 1, 2024, from the Bengaluru end. The train would make stops at Davanagere, Birur, Arsikere, Tumakuru, Yeshwantpur, and KSR Bengaluru Railway stations. Three days prior to the stoppage, sleeper coaches on the train had been fully booked, while AC 3-tier and AC 2-tier coaches received more than 90% patronage.

A frequent commuter noted that despite the inconvenient departure time of 11:55 pm from Bengaluru, the train witnessed good ridership. "It was the go-to train for regular commuters. Now, they will have to go through the hassle of booking tickets for other trains weeks in advance in order to ensure confirmed tickets. The decision must be reconsidered, and the train must be restarted," he said.

Furthermore, another frequent commuter said, "Despite the fares of this particular train being higher than those of the Rani Chennamma and Belagavi express trains, it was very convenient as seats would be available even two to three days prior. Other trains often have a waiting list." Others suggested authorities extend the train to Dharwad or Gadag to increase ridership if occupancy is really the issue.

Rail activist and founder of Citizens for Citizens (C4C), Rajkumar Dugar,

> **"It was the go-to train for regular commuters. Now, they will have to go through the hassle of booking tickets for other trains weeks in advance**
>
> –a frequent commuter

said that the SWR has not been paying heed to the requirements put forward by rail commuters and has been abruptly cancelling several services. "For example, the Bengaluru airport services are stopped and reinstated randomly. They (SWR) are not sensitive to people's needs. We have also been requesting for the MEMU services to be extended till Chikkaballapur for the convenience of students and farmers in the area, as the electrification has been completed but the demand has not been paid heed to," he said, urging the authorities to be responsive and accountable for the actions taken.

Another rail activist told Bangalore Mirror that the train may have been temporarily discontinued to introduce a special train to Bikaner as the Rajasthan Legislative Assembly Elections are soon approaching.

Brighter bloom: Commitment to rooftop solar power plant

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TWEETS @BangaloreMIRROR

In a bid to reduce energy consumption, International Flower Auction Bengaluru (IFAB) is planning to rely more on solar power. With this method, IFAB hopes to reduce electricity by 30-40 per cent.

IFAB Limited is a joint venture company of public and private shareholders and was established in 2002 to mine the potential of both the export and domestic flower markets. Utilising the Dutch auction system, IFAB auctions flowers 365 days a year and connects buyers and sellers for premium-cut flowers.

IFAB is planning to install a 100-kWp rooftop solar power plant in this larger effort to turn green. Already, the facility has a 100-kWp solar rooftop power plant, and the organisation has chosen to increase solar energy after observing its benefits.

In this regard, IFAB has called for a tender for Rs 50 lakh for the selection of an EPC contractor for the design, supply, installation, testing, and commissioning of a grid-connected 100 kWp rooftop solar power plant at IFAB, located on Bellary Road, Hebbal.

A senior IFAB official told Bangalore Mirror that they are looking to set up a 100 kWp rooftop solar system that will cover all our energy needs. "We already have 100 kWp systems, and we have chosen to go ahead with another set to reduce our expenditure. The system will cover the energy consumption of offices, auction centres, and cold storage. Estimated, we get an electricity bill of Rs 1 lakh and upwards, and we are hoping to reduce the expenditure by 30–40 per cent."

IFAB has called for a tender for Rs 50 lakh for the selection of an EPC contractor for the design supply

The bidders will have to overlook design and engineering until synchronisation with the grid. Additionally, they will also have to take up the operation and maintenance of facilities along with electrical equipment for a period of three months post-commissioning and synchronisation with the grid. All the work will have to be completed within 120 days.

Citizens' organisations join forces for sustainable disposal of e-waste

From sorting to recycling, collaborative initiatives tackle e-waste challenges post Deepawali

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A landfill discarded with gadgets and electronic relics

E-waste, or electronic waste, refers to discarded electronic devices, smartphones, and other appliances. During Deepawali, many people clean their houses, disposing of unnecessary items, including e-waste. Various citizen organisations have collaborated to make the post-Deepawali period eco-friendly by conducting e-waste collection drives in different apartment complexes in collaboration with many resident welfare associations.

The improper disposal of e-waste causes harmful effects on the environment and human health. When electronic devices are improperly disposed of in landfills or incinerated, toxic substances such as lead, mercury, and cadmium can leach into the soil and water, contaminating ecosystems.

Organisations such as Beautiful Bharat and Saahas came together for the initiative to collect e-waste post-Deepawali.

Odette Katrak, from Beautiful Bharat, recalls an incident where she saw batteries dumped on the side of a road. "I happened to see batteries thrown every single day during my morning walks in Bellandur. I asked two or three vendors close by, and they did not know about it."

One night, while she was returning on the same road, Katrak saw a roadside vendor selling lamps and decided to talk to him. "He said that he puts all his waste batteries down the drain for the BBMP to clear it in the morning. He did not realise that batteries are toxic. I took him to the nearest apartment, and I told that apartment to collect it from him and put it in the e-waste drive. This was an issue of the vendor trying to do the right thing so that he doesn't litter, but he didn't know where to dispose of them and would dispose of them near the drain. There is so little awareness about e-waste disposal, and hence we have collaborated with Saahas for an e-waste drive in the apartment," said Katrak.

Some of the common items that are being dumped and not disposed of properly are remotes, batteries, cables, chargers, mixers, or even refrigerators left on the sides of roads.

Katrak further added, "Before Deepawali, when everybody was doing sorting, we sent out messages to residents of different apartment complexes and told them to sort their e-waste separately and not mix it with the rest. And then to get in touch with us, and Saahas does the collection."

Speaking about the harmful effects of e-waste, Rakhi Anil, Programme Manager at Saahas, said, "The e-waste management rules have been in force since 2011, and the government has updated them two to four times since then. The last amendment was in 2020."

> **"There is so little awareness about e-waste disposal, and hence we have collaborated with Saahas**
> –Odette Katrak, Member, Beautiful Bharat

He further added that any item with electronic components comes under e-waste; it has many hazardous elements and can be toxic. If disposed of in the wrong way, it can lead to soil pollution and have harmful effects on the environment.

4 teams set up to probe case of mother-child electrocution

Four teams have been constituted to investigate the case of electrocution of a woman and her nine-month-old daughter at Whitefield on the city's outskirts, Karnataka Energy Minister KJ George said on Tuesday.

In the shocking incident, the 23-year-old woman and the baby she was carrying in her arms died after she stepped on a live electric wire on Sunday.

George said one team from Bangalore Electricity Supply Company (BESCOM), another from the police, a third from the state Electricity department and a fourth, which will be an independent body, will investigate the death.

"We are conducting an inquiry by four teams to make sure that those responsible are held accountable and face action," he said.

The minister said he would make sure that there are no dangling wires on the roads that have ducts exclusively for such cables.

He said that within 15 days, the telecom companies would have to shift their overhead wires to the ducts, failing which the electricity department would remove them.

The minister said five employees of BESCOM, including two officers, have been suspended in connection with the incident.

NHRC notice

The National Human Rights Commission (NHRC) on Tuesday said it has issued notice to the Government of Karnataka over the deaths.

It has sought a detailed report on the matter within six weeks. The NHRC said in a release it has taken suo motu cognisance of a media report.

The Commission has observed that the contents of the news report, if true, raise a serious issue of violation of human rights, which is a matter of concern. "The reported incident, apparently, indicates the negligence of the electricity department of Bengaluru." **— PTI**

How close is a metro ride

CONTINUED FROM PAGE 1

and last mile connectivity.

Residents have noted that 3-km cannot be covered by foot, requiring other means of transport to reach the metro premises.

Many regular commuters Bangalore Mirror spoke to flagged down the cost of first mile connectivity. "I live 3.2 km away from the JP Nagar metro, in BTM Layout. The cost of reaching the metro by using an auto for connectivity is Rs 70-80. This is too expensive for one to afford," said Jayanth*.

On the other hand, JP Nagar metro station has a parking facility one can use, allowing commuters to use personal vehicles for first mile connectivity.

"The parking facility also has a fee but it ensures the safety of my vehicle. However, parking is not available at many of the metro stations. Even if there is, it is often not adequate enough to accommodate all the vehicles of metro users during weekdays," he explained.

Many users agreed with Jayanth and complained that the first mile connectivity through auto rickshaws tends to be on the expensive side; meanwhile, the lack of parking space does not allow them to use their personal vehicles.

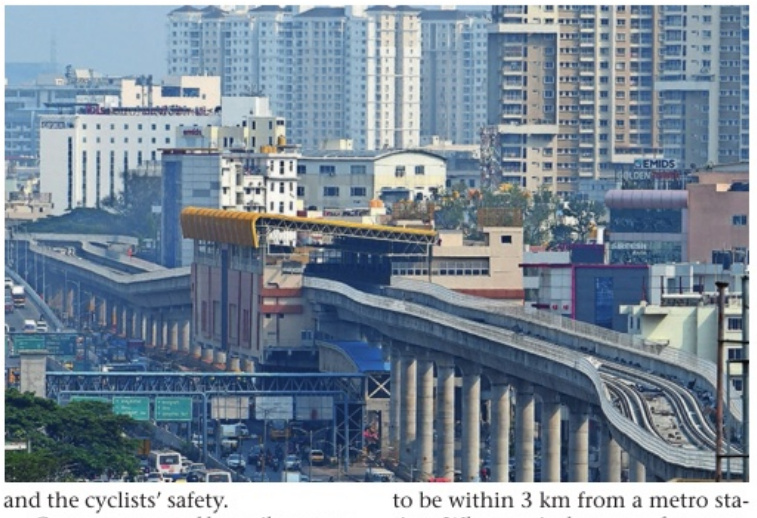
That said, feeder buses run by the Bangalore Metropolitan Transport Corporation (BMTC) can bridge this gap.

"The recently introduced feeder buses from Banashankari to BTM Layout allow me to hop on from the JP Nagar metro station and walk home from the closest stop. It is the most economical mode and costs less than Rs 20," said Abdul, a marketing professional residing at BTM Layout.

He added that for feeder buses to become a preferred mode for first mile connectivity, the BBMP must ensure adequate maintenance of footpaths for bus users to walk on to and from bus stops.

The city's Bicycle Mayor, Sathya Sankaran, noted that cycling would be the most economical option. "Fares fixed by the transport department are Rs 12/km for auto rickshaws and Rs 24/km for taxis. Price on some aggregator platforms is a lot more. Cycle to metro stations and BMTC TTMCs for Rs 0," he wrote on Twitter (now X).

The Directorate of Urban Land Transport (DULT) is introducing bicycle docking points at 10 metro stations in the city, while many are already present. However, for commuters to choose cycling for first mile connectivity, dedicated lanes are necessary to ensure effectiveness and the cyclists' safety.



Commuters noted last mile connectivity must be taken into account too.

"This can only be looked at as a good beginning, at best. I have a metro station within 3 km from my home which is good enough for me to hop on. But my workplace needs to be within 3 km from a metro station. What use is the metro for someone residing in Vijayanagar but has to commute to Manyata Tech Park or Sarjapur Road if the last mile connectivity is dubious?" wrote Kishor Narayan, a resident, on platform X.

(*name changed)

Schools & colleges fortify fests with AI vigilance

CAMPUS NOTES

If you thought strolling into any college fest was a breeze, think again. Today, city schools and colleges are teaming up with top-tier security agencies to usher in the next-gen security era for college fests. Recently, a city school raised the bar for a high-profile event, partnering with a security agency for comprehensive security solutions, featuring AI-powered cameras, PSARA-certified security personnel, and live monitoring. The security company introduced a robust three-tiered security framework, marking a paradigm shift in security measures.

A school representative stated, "We've recently partnered with a security agency for an event that drew over 20,000 attendees, seeking comprehensive security solutions. These include AI-powered cameras, PSARA-certified security personnel, and live monitoring. The security company introduced a robust three-tiered security framework. They've deployed cutting-edge AI-powered surveillance.

This ensures real-time security updates, enabling immediate intervention if necessary. Secondly, they've established a network of PSARA-certified security professionals with the expertise to adeptly manage and address security concerns.

Lastly, enhanced entry protocols for event attendees create a controlled and secure entry environment. A dedicated group of trained security personnel will be on-site to ensure the safety of both performers and event participants."

This has come after students voiced concerns about the safety of college fests, which have become breeding grounds for misbehaviour and violence, especially against women.

"College fests become hotbeds for misbehavior and violence, particularly against women. They are meant for networking, gaining experience, and having fun. However, clashes during competitions escalate into physical fights, requiring police intervention.

Women attending fests are vulnerable to various forms of harassment. The security team checks IDs but doesn't assess if attendees are under the influence of alcohol or substances," said Sandhya Kumar, a college student.

Divya Rangananth, another student, emphasised on the need for proactive measures to ensure safety and well-being at college festivals. She urged authorities to address concerns and implement extensive checking and increased security within the crowd . Girls, she said, should be able to relish their college years without constant worry about safety during fests.

Authorities should educate students about consequences and enforce strict disciplinary measures for rule violations. **–Sanjana Rao**

AMPLIFYING STUDENT VOICES

'CAMPUS NOTES' ROARS WITH RESONANCE — NOW IT'S YOUR TURN TO SPEAK UP

The inaugural edition of 'Campus Notes' has ignited a meaningful dialogue among students, who have seized the opportunity to highlight pressing concerns within the college. Acknowledging the significance of their insights, we proudly present a thoughtfully curated selection of messages from these students. In respecting their choice to remain anonymous, we prioritize and safeguard their privacy by refraining from disclosing personal information. If you, too, have a campus story to share, seize this chance to become the catalyst for change.

Write to us with your campus story to
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Academic overload and stress

"Assignments, particularly their sheer volume, have proven to be a source of stress during my master's program. While I anticipated the academic challenges of pursuing a master's degree, the intensity and depth of research required for each paper exceeded my expectations. The demanding nature of the coursework, coupled with the time commitment, has reshaped my perspective on the academic rigour associated with higher education."

Hectic yet well-maintained

"Reflecting on the campus environment, my college boasts a beautiful and pristine setting. Despite the general hustle and bustle synonymous with a typical Medical College, the presence of exceptional faculty, a well-stocked library, and study hall facilities contribute to a positive academic atmosphere. Attendance guidelines are strictly adhered to, ensuring regular documentation, while the campus's canteen and overall maintenance enhance the overall collegiate experience."

Campus road safety

"Addressing a critical safety concern, the roads leading to the parking lot of my engineering college in Bengaluru pose imminent dangers due to potholes and loose debris. Multiple minor accidents have already occurred, prompting a plea for intervention from the management and a call for coverage in the forthcoming Campus stories segment by the Bangalore Mirror."

A call for increased sports activities

"Expressing a need for enhanced focus on sports, my college has provided limited opportunities for participation in sports events. Recognizing the pivotal role sports play in an individual's overall well-being, there is a plea for the management to prioritize and conduct more sports activities for upcoming juniors."

Attendance in tech era

"Examining the intersection of traditional teaching methods and modern requirements, the debate around mandatory attendance policies persists. While some argue that regular attendance fosters a conducive learning environment, critics highlight the need for educational institutions to adapt to contemporary pedagogical practices. The evolving landscape calls for a reevaluation of attendance policies, incorporating technology and innovative learning approaches for a dynamic educational experience."

Harsh reality of a dream college

"Despite being a dream destination for many, my college, touted as one of the best in the state, reveals a different reality upon enrollment. Issues from the management, packed exam schedules, and questionable financial practices have tarnished the once pristine image. Concerns about the exam system, challenges with fees, and grievances against certain teachers underscore the need for systemic improvements."

College finances

"A critical examination of college finances reveals a disconnect between the significant fees collected annually and the ease of students' lives. Despite the financial contributions made by students, the bureaucratic hurdles for minor fines, provisional certificates, and basic administrative processes highlight a lack of digital systems. The call is for colleges to leverage student fees for streamlined and efficient processes."

College Life

"Reflecting on the dichotomy of college life, cherished memories coexist with systemic issues. From early morning classes and conventional syllabi to influential seniors hindering opportunities, attendance woes, and internal conflicts, the myriad challenges paint a complex picture. Bullying within clubs, sports teams, events, and fests adds a layer of concern affecting mental health and overall well-being."

Student organisations form joint platform against NEP

Students organisations, including those affiliated to INDIA alliance parties, have come together under the banner of 'United Students of India' to protest against the National Education Policy, 2020, and will take out a march to Parliament on January 12 next year.

Representatives of the student unions said that 16 organisations, representing almost five crore students, have come together to oppose the NEP and have demanded reforms, including making education free.

Addressing a press conference here, CVMP Ezhiarasan, the secretary of the DMK's student wing, said NEP is promoting "commercialisation, saffronisation and privatisation" and it is against the idea of social justice.

The government should ensure free education from school level to graduation and there should be a national employment guarantee Act, he said, adding the student groups will hold a "Parliament march" in Delhi on January 12 and another rally will be held in Chennai on February 1.

The organisations that are a part of the grouping include the All India Students' Association (AISA), All India Students' Bloc (AISB), All India Students' Federation (AISF), Chhatra Rashtriya Janata Dal (CRJD), Chhatra Yuva Sangharsh Samiti (CYSS), DMK Student Wing, Dravidian Students' Federation, National Students' Union of India (NSUI), Progressive Students' Forum (PSF), Progressive Students Union (PSU), RLD Chatra Sabha, Samajwadi Chatra Sabha, Satro Mukti Sangram Samiti, Students' Federation of India (SFI) and Tribal Students' Union.

A statement by the United Students of India said, "The attack on quality education in India is scaling dangerous heights under the current BJP-led union government."

"The RSS-backed government not only aims to undermine and dismantle the public education system but also seeks to replace it with a communal, destructive scheme that fundamentally contradicts the constitutional vision of education. The BJP government have even initiated their attempt to remove the name of the country India from textbooks," it said.

The groups unitedly adopted the slogan 'Save Education, Reject NEP; Save India, Reject BJP', and have said they will conduct campaigns across the country, culminating in the Parliament March in Delhi, followed by a rally in Chennai.

The students' groups have also sought the creation of rights and opportunities for the SC, ST, OBC and other marginalised groups, and conduct of student unions' elections across campuses, among others.

They also invited other "like-minded" student organisations to join the grouping 'United Students of India'. **PTI**

Will to wed: HC quashes rape case, POCSO charges

The Karnataka High Court quashed a case of rape, and charges under Protection of Children from Sexual Offences Act against an accused, after the victim -- who is now a major -- expressed her intention to marry him. The court ordered that the marriage take place within one month.

The man was also ordered to be released from judicial custody.

The victim and her father appeared before the Court of Justice Hemant Chandangoudar and submitted an affidavit stating that they had no objection to the quashing of the proceedings. The affidavit stated that the victim was now a major by age and added, "I am in a romantic relationship with the petitioner, and intend to marry him, and to live a happy married life with him and he has agreed to the same." It further said, "Through this affidavit, I undertake and express my wish to marry the petitioner herein, and accordingly I have no objection in allowing the above-captioned petition and to this Hon'ble Court exercising its power and quashing the proceedings pending against the petitioner herein." The accused was also produced in the court and the HC noted "the petitioner has stated that he sexual intercourse between them was consensual since they were in relationship." **PTI**

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CHANGE OF NAME

I Sadanandha R/o No-3228 Flat-301,VHBC Society Ltd 4th phase girinagar,Bsk 3rd stage B'lore-560085 have changed my name to Sadananda Shetty vide affidavit dated 20.11.2023 sworn before Notary M.K.Devaki.

I, Khadar Basha Sumiya Banu, W/o K P Khadar Basha, aged about 59 years born in 07/02/1964, R/a: No. 15, 6th Cross, Muneshwara Nagar, Shampur Road, Bangalore-560045. I have changed my name to H Sumiya Banu. Vide affidavit dated- 17.11.23. Sworn before notary Chandrashekar M, Bangalore.

I, Syed Mohsin Ahmed R/o #625 IDEALHOMES FLAT 301 1st Main 5th Cross Bhuvaneshwari Ngr RT Ngr Bengaluru 560032, have changed my daughter's name from SYEDA AAIRA FATHIMA AHMED to SYEDA AAIRA vide affidavit dt 18/11/2023, sworn before notary Vijayalakshmi.K.Reg 12385

Change of Name

I, H.Prakasha Nakshathri S/o Vishwanatha Nakshathri stating that my actual name is H.Prakasha Nakshathri. But in passport my name mentioned as H.Prakasha Vishwanatha Nakshathri and my father name as Vishwanatha is added. Above both the names are belongs to me only. All the above matter is true and correct. Therefore, I have filed an affidavit before Notary on 20.11.2023.

I, Vidyadevi Pattanayak Vishwanath W/o Samarendra Pattanayak R/o 707, A-Block, Esteem Enclave, Bannerghatta road, opp BPL, Akekere Bengaluru 560076 have changed my name to Vidyadevi Pattanayak Affidavit Dt.21/11/2023 notary Harisha G, B'luru

I Sadananda Shetty R/o No-3228 Flat-301,VHBC Society Ltd 4th phase girinagar,Bsk 3rd stage B'lore-560085 have changed my minor daughter name from Sannidhi to Sannidhi Shetty vide affidavit dated 20.11.2023 sworn before Notary M.K.Devaki

I, Ramesh kalyanappa Atanur S/o kalyanappa Atanur no 87 shantha nilaya 3rd cross Thammenahalli Anandappa layout Achitnagar post Bangalore -560107 have changed my name to Ramesh for all purposes

I Kalyanasunder R/o No.593 4a Dr Raj And Ramu Residencial Apartment 15th B Cross Near Patanjali B Sector Yelehanka New Town Bengaluru Karnataka-560064 have changed my name to U Kalyana Sundar

I, Somya Paliwal W/o Manoj Kumar Sharma R/o flat no. 312. Sri Tirumala Silver Spring Apartment, Near - Hebron Enclave, KR Puram Pin code-560036 has changed my name as Somya for all future purposes.

I Nagendrappa S/O, Siddappa Malkppa Kabadagi R/o # 49, Shivaling Sadan, 12th Cross, 5th Main, Srinidhi Layout, Konanakunte, Bangalore - 560062 have changed my name to Nagendrappa Kabadagi.

I, Santosh, S/O Ramrao Kulkarni, R/O Flat # 604, Wing 1, GK Tropical Springs, Channasandra, Bengaluru - 560067 have changed my name to Santosh Kulkarni for all future purposes.

I Madhavi Rai D/O, Jagannath Rai R/o Vibha Kumari, Asst Teacher , Tridandi Deo Samadhi Marg, Buxer, Bihar - 802101 have changed my name to Madhavi for all future purposes.

I Suguna.S.Shetty R/o No-3228 Flat-301,VHBC Society Ltd 4th phase girinagar,Bsk 3rd stage B'lore-560085 have changed my name to Suguna Shetty vide affidavit dated 20.11.2023 sworn before Notary M.K.Devaki

I, Mariyappa Mahesha s/o Mariyappa H R/o #111 Near Ganesha Temple Road Konankunte Village and Post B'luru-560062 have changed my name to Mariyappa Rakshith Mahesh for all purposes.

I Tahseen Rafiq W/O, Mohammed Rafiq Ahmed R/o No 24, Ishaq Sahib Street, Jc Nagar, Bengaluru 560006 have changed my name to Tahseen Taj.

I, Krishnamurthy Anantha Raman, R/o 306, LK Gloria Apt, 5th B Cross, Amruthahalli, Bengaluru-92 have changed my name to Anantharaman

I, Fiza Tabassum w/o Salman Ahmed R/o No.11 DM Street, Fort Kalasipalyam, Bengaluru 560002 have changed my name to Fiza Thabassum Shaikh affidavit Dt.21/11/2023 notary Harisha G, B'luru

I, Anantha Raman Mythili, R/o 306, LK Gloria Apt, 5th B Cross, Amruthahalli, Bengaluru-92 have changed my name to Mythili

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NO KIDDING IN MONEY MATTERS

How to set good money examples for children

Kids notice everything, whether you think they're paying attention or not. They repeat the curse words you blurt out when you step on a toy, and spill your embarrassing family secrets to their friends.

From a surprisingly early age, the kids in your life also notice money: who has it, who doesn't, and how your household handles it compared to other people. They overhear arguments and pick up on stress. With every financial decision, you set an example. "You are a mirror and your kid is a sponge," says Jordan Wexler, co-founder and CEO of EarlyBird, a registered investment advisory company where parents can open custodial and college savings accounts for their kids.

So, no pressure, but modeling positive money behaviour for all the kids in your life is important, whether you're a parent, relative or close family friend. It starts with figuring out your own approach to money, and then providing age-appropriate lessons.

ESTABLISH YOUR HOUSEHOLD VALUES

It's hard to teach another person how to spend, save and donate money when you haven't set your own goals and priorities. Maybe you want to set an annual budget for charitable giving, or you save slowly for upcoming expenses to avoid credit card debt. All of these decisions tie back to what you (and your spouse or partner if you have one) truly value.

Kelly Palmer, founder and chief wealth officer at The Wealthy Parent, a registered investment advisory company providing financial planning for new parents, recommends that families with a mother and father demonstrate that both parents, not just the dad, are financial decision-makers. "It's important for children to see women involved in these conversations," she says.

Being confident in your decisions makes it that much easier to explain your thinking to a child, and you can use your choices as a way to start thoughtful conversations with your kids.

INVOLVE KIDS AND PROVIDE CONTEXT

Trips to the store, calculating the tip at the end of a dinner out, planning your summer vacation — these are all opportunities to talk about money and values. But when you're running errands in a rush, sometimes you just want to brush off your kid's incessant questions and move on with your day.

You don't have to have a deep money conversation in the candy aisle while convincing an irate child that chocolate isn't on your shopping list. But you can always revisit the topic later, when things are calmer and the memory of the unbought chocolate isn't as fresh.

Providing context helps kids understand why you're making a specific choice — why you buy a certain brand of toothpaste even though it's more expensive (sensitive gums), or why day camp is possible this summer but sleepaway camp isn't (so you can also afford a family trip over winter break that year). Inviting kids into the push-and-pull of your daily money decisions shows them all the factors that are involved in making one seemingly simple money choice. When they're adults, they can use those lessons in their own lives.

"One of the hardest things, and the easiest things, that we tell kids is 'we can't afford that,'" says Mary Bell Carlson, a certified financial planner who is president and founder of Financial Behavior tKeynote Group, a speaking, consulting, and education firm providing thought leadership on financial behavior change. "It's a missed opportunity to have a conversation about that."

ACKNOWLEDGE THE COMPARISON TRAP

Kids notice when other people live differently. Their cousin has more toys, a friend from school lives in a bigger house, or a neighbor goes on vacation every summer. They might push back on your value system when they see others getting the things they want. "When they're out in the wild, if you will, they're going to be exposed to all sorts of emotions around money," Palmer says.

When your child asks for something you weren't prepared to pay for, don't dismiss them, says Carlson, who has a doctorate in personal financial planning with an emphasis in financial therapy. Ask them about why they want that item or experience. Talk to them about the cost. Older kids might be willing to save up their allowance to contribute, which provides a great lesson in saving over time for a big purchase. The important thing is to show your kids that they can come to you with a money question and be taken seriously.

"At the end of the day, it's really not about money. It's about the emotional connection with your children," Carlson says. "It's about showing you care regardless of what you do or don't have."

—AP

MIRRORLIGHTS

Increased screen use affects attention span, high-level thinking: Study

Problematic screen use impairs a range of cognitive processes, in particular the ability to concentrate and the so-called executive functions, which include impulse control, planning, organisation and problem solving, a study shows.

The research, published in the journal Neuropsychology Review, is an overview of more than 30 studies of people who fall into the broad category of disordered screen use.

The classification includes excessive gaming, internet browsing, or use of social media or smartphones, that result in serious negative effects on the person's life.

These effects can include deterioration in mental health, poorer performance at school or work, social isolation and relationship problems, and neglect of personal health or hygiene, the researchers said.

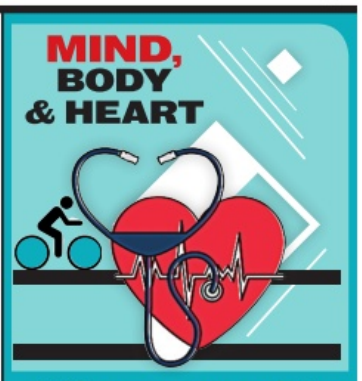
Disordered screen use shares characteristics with behavioural addictions like problem gambling, and some people may even develop symptoms of severe dependency like those associated with addictions to alcohol and illicit substances.

The researchers from Macquarie University in Australia identified 43 studies that assessed the neuropsychological effects of disordered screen use, ultimately including 34 in their analysis.

Twenty of the 34 included studies were on online and offline gaming, 12 were on internet use, and one each on social media and smartphone use.

The bias towards gaming and internet use were due to these platforms having been around longer, while smartphones and social media are relative newcomers.

—PTI



All you need to know about...

High haemoglobin levels

Danger level
High haemoglobin levels can raise your risk of heart attack, stroke and blood clots, according to health experts.

Causes of polycythemia
Known as polycythemia -- a condition where red cells increase in the human body due to abnormalities in the bone marrow. These excess cells thicken the blood, slowing its flow and can cause serious problems like blood clots.
Other causes of polycythemia include smoking, diseases of the heart or lungs and living at high altitude for prolonged time periods.

What's abnormal?
Haemoglobin levels of more than 16.5g/dL in males and 16g/dL in females is considered abnormal. High haemoglobin levels may be detected on routine blood tests and may not cause any symptoms.

Don't ignore symptoms
"High haemoglobin levels should not be ignored as it can increase the risk of blood clotting and can sometimes lead to dangerous conditions like stroke, heart attack and blood clots in legs and abdomen," said Dr Rahul Bhargava, Principal Director of Hematology and Bone Marrow Transplant, Fortis Memorial Research Institute, Gurugram. "If high haemoglobin levels are detected on routine evaluation, a haematologist should be consulted. Secondary causes of polycythemia including obstructive sleep apnoea, diseases of heart and lungs should be looked for," he added.

Tests done
Routine blood tests to detect haemoglobin levels include a peripheral smear, serum erythropoietin levels and JAK2 mutation study is necessary for routine evaluation. A bone marrow examination is done to determine the cause of polycythemia.

—IANS

Chai-Time

SOLVE IT IN A MINUTE

The sum of two fractions is 1. The sum of the squares of the same two fractions is 5/8. What are these two fractions?

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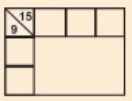
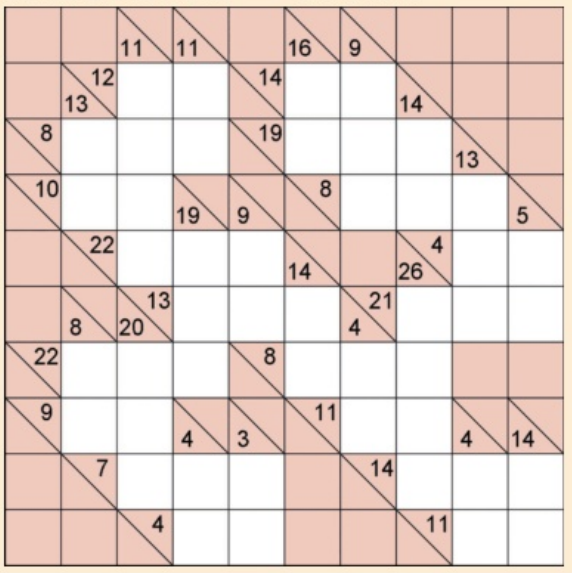
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

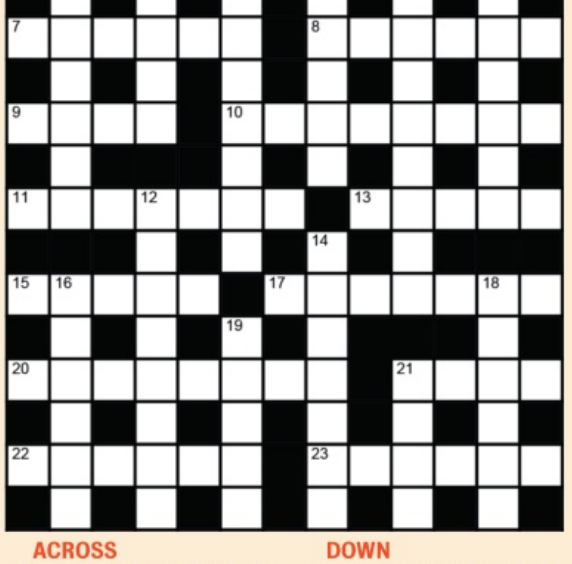


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Affectedly elegant in speech or bearing (2-2-2)
8 Fattens up? (6)
9 Capital of Peru (4)
10 Columbus's America? (3,5)
11 Shortage (7)
13 Spicy tomato sauce (5)
15 Concur (5)
17 Period spent in gaol (slang) (7)
20 Equestrian competition (8)
21 Fibre obtained from coconut husks (4)
22 Subtract (6)
23 Assassin (6)

DOWN

1 Ms Chaudhary of Bollywood (6)
2 Singer Simone (4)
3 Iron bars with South and North poles (7)
4 Egg-mass of a frog, maybe (5)
5 Execution of heretics by public burning (4-2-2)
6 Brief periods (6)
12 Depart from a hotel? (5,3)
14 This cathedral in Bangalore is over 200 years old (2,5)
16 Gushing hot spring (6)
18 Minted (6)
19 ___ aside : rejects or discards? (5)
21 Prison room (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: F EQUALS G

VQYDY ZDY EKPY VQZV KJNI YPONKI BKDTE UKD VQY OC-DOKEY KU TAEFCAEAJF VQYAD VQKCFQVE.

Linemaro

Your feet must be tired, because you've been running through my mind all day long

Mindchow

Learn from yesterday, live for today, hope for tomorrow

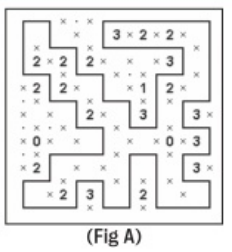
Joke of the day

Sam: Would you punish me for some thing I didn't do? Teacher: No. Sam: Good, because I didn't do my homework

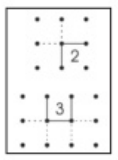
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

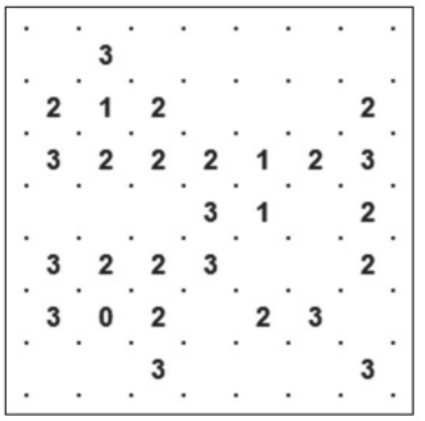


(Fig B) Not Allowed

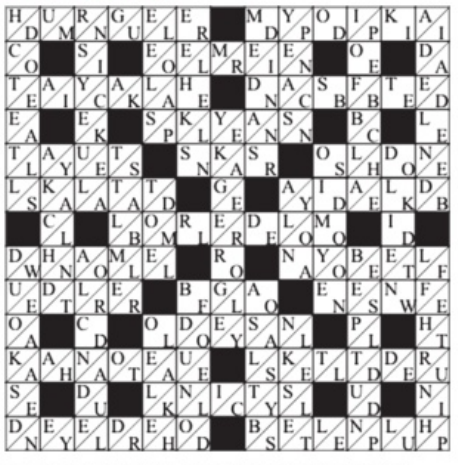
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1	2	3	4	5
6				
7				X
8				
9				

ACROSS

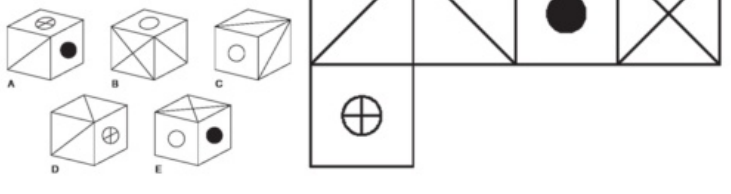
1 Galas; 6 Lanai;
7 Mix I'm; 8 Beaus;
9 Sties

DOWN

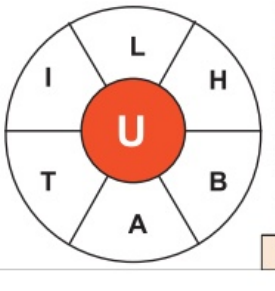
1 As Ali; 2 I limb;
3 At Mug; 4 Sane I;
5 Ex Ass

Mensapuzzle

When the below is folded to form a cube, which is the only one of the following that can be produced?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 06 Outstanding

SudokuChallenge

	6	8		1		3	9	
	4			9			5	
			2		8			
6	1						4	9
			5		7			
5	3						8	2
			6		9			
	8			3			7	
	2	5		8		1	3	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 22
5 5 6 6

Medium = 3
3 4 4 8

Hard = 17
2 6 9 5

Hocusfocus

Find at least six differences in details between panels.

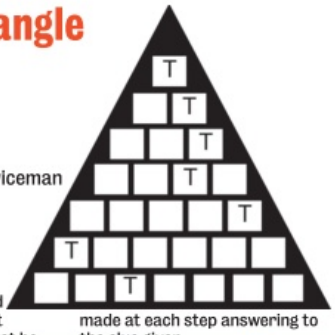
Differences: 1. "Z" is lower. 2. Nose is different. 3. Mouth is not open as wide. 4. TV screen is square. 5. Man's collar is missing. 6. TV controls are reversed.

Riddler

Using the chemical symbols, what kind of defeat can be made from tungsten, hydrogen, iodine, tellurium, tungsten, arsenic, hydrogen?

Alpha triangle

1 Tonne, abbr.
2 tu Brute ...
3 Soak in water
4 Evaluate
5 Sidestep
6 Watering hole
7 Seasoned ex-serviceman



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

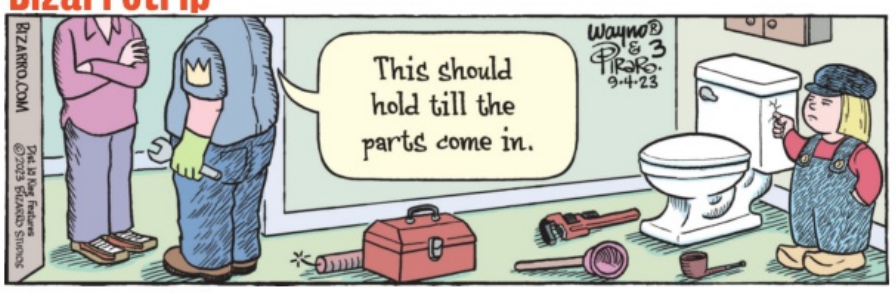
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE »

COMICS

Redeye by Mel Casson

NURSERY RHYMES ARE FUN, AREN'T THEY, POKEY?
I GUESS SO, BUT I DON'T UNDERSTAND THAT LAST ONE
8-21
WHERE WAS IT YOU SAID LITTLE JACK HORNER WAS SITTING?

Bizarrotrip



Diamond Lil

Hart of the city

BEEP! BEEP!
WOW, A LIMO! SO MUCH POMP AND CIRCUMSTANCE FOR THE DANCE!
I DON'T KNOW WHAT THOSE ARE, BUT I'M SURE THERE'S SOME IN THE LIMO!

Crankshaft

I BAKED SOME BROWNIES FOR YOU TO ENJOY AFTER YOUR FIRST MORNING RUN OF THE SCHOOL YEAR!
AND TO MAKE THEM EXTRA SPECIAL... I LOADED THEM WITH SEA SALT AND SPRINKLES!
THE MORE THINGS CHANGE...
THE MORE THEY CHANGE FOR THE WORSE!

Mutts

I HAVE IT ON RECORD FROM THE HIGHEST AUTHORITIES IN GOVERNMENT AND SOCIETY THAT...
LABOR DAY
IS THE "OFFICIAL" UNOFFICIAL LAST DAY OF SUMMER.

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may feel healthy; your old diseases may be cured now. You may hear some good news from a near relative. You may perform well in the office; your colleague may help you in any critical project. You may develop faith in your subordinate staff, increasing your prestige in society. You may also hear good news in some legal matters.

Taurus Apr 21 – May 20
Today, you are likely to be busy with the kids' education and career. You may hear some good news in terms of kids' academics. However, couples are advised to keep patience in terms of their relationships. Investors are advised to avoid investing in risky assets, as they might convert into losses. It is advised to do meditation, yoga, or chant some mantras to come out of this typical situation.

Gemini May 21 – Jun 21
Today, you will be a victim of dissatisfaction, as you may not get the result of your hard work, which may be disappointing and make you upset. You are advised to read documents carefully before signing a contract or paper. Investment in assets may also be possible. You are advised to follow your intuition before making investments in fixed assets. Your overwork may affect your domestic life, and you may arrive late for family or social events.

Cancer Jun 22 – July 23
Today, you may be busy with social get-togethers and family occasions, increasing your network. You may also plan for a work-related short trip. Disputes between siblings or friends may be resolved now. Your colleagues may cooperate with you to complete a difficult project. You are likely to complete all tasks with self-confidence, but you are advised to keep patience while interacting with any person.

Leo Jul 24 – Aug 23
Today, you may implement some new plans into your family business, and it will pay off in terms of gains in the near future. You may also be busy with family or social get-togethers. You may spend to buy some creative or artefact to renovate your house, which may increase your social status. Today, be careful with teeth, ears, eyes, nose, and skin issues.

Virgo Aug 24 – Sep 23
Today, you are blessed by the moon. Happiness may be around you, helping you to enjoy your day-to-day work. Your vital power may help you make difficult decisions that will increase your profits in the near future. You may plan for a work-related short trip. Colleagues may support you to complete your work on time. Students may find themselves more focused on studies. You are advised to control your eating habits to avoid stomach issues.

Libra Sep 24 – Oct 22
Today, you may feel dull; sleeplessness may affect your mental and physical health. You may also be upset due to the health issues of your family member. Your expenditure on worthless stuff may affect your savings. You may be a victim of conspiracy, so you are advised to keep an eye on your opponents.

Scorpio Oct 23 – Nov 22
Today, your past investments may give you good profits. You may get good results after an easy work. Your obstacles may go away now. Your financial status may improve, and new sources of income may emerge. Couples may hear good news in terms of kids. You may achieve success easily with a little effort.

Sagittarius Nov 23 – Dec 22
Today, you are likely to meet someone, and with their help, you may expect positive growth in your business or work. Your destiny may help you, and your losses may now convert into profits. Financial health may be on track now. Lovebirds are advised to make important decisions regarding marriage. Singles may likely find their soul mate.

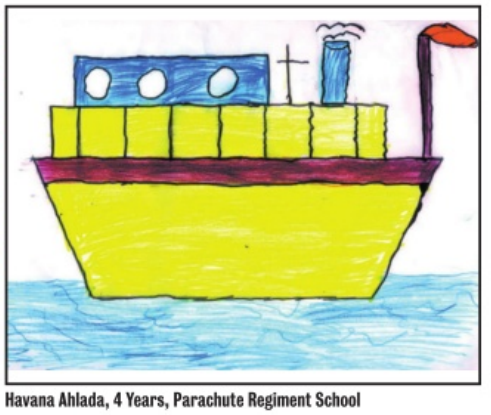
Capricorn Dec 23 – Jan 20
Today, situations are under control. You are blessed by Jupiter today, and you may expect to get some important position or post in the office. You may be inclined towards religion and mythological facts, feeling stronger in your thoughts. It may make you confident in your way of working. You may also plan for an overseas tour.

Aquarius Jan 21 – Feb 19
Today, you may feel unhappy, and it may affect your way of working. There may be some delay in your projects being completed, affecting your prestige in your professional and domestic life. It is advised to avoid adventure tours or rush driving. Lovebirds may experience a breakup, and job seekers may be disappointed in terms of finding a new job.

Pisces Feb 20 – Mar 20
Today, you may perform your best in the office. You may have a good bond with the boss, and you may get some new responsibilities in terms of promotions. Chronic health issues may be cured now. You may receive good incentives for your work, and disputes with siblings may be resolved. Job seekers may find a new job.

KIDZONE

Rachana Gupta, 9 Years, Bangalore



Havana Ahlada, 4 Years, Parachute Regiment School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
Let the two fraction be a and b
Given a+b=1 and a^2+b^2=5/8
Now (a+b)^2=a^2+b^2+2ab=1
5/8+2ab=1
2ab=3/8
ab=3/16, and b=(1-a)
(1-a)a=3/16
16a^2-16a+3=0
a=[16+-√(256-4*16*3)]/32
=[16+-√(256-192)]/32
=(16+-8)/32
=3/4 or 1/4
Hence two fractions are 1/4 and 3/4

MENSA PUZZLE
E.

S	I	T	E
A	B	U	S
A	L	G	A
L	I	A	N

FAST FIVE

A	L	G	A	S
I	M	M	I	X
L	I	A	N	A
A	B	U	S	E
S	I	T	E	S

STRIKE OUT

H	U	N	G	E	R	M	Y	O	P	I	A			
O	I		E	E	R	I	E		E		D			
T	A	C	K	L	E		D	A	B	B	E	D		
E	K		S	K	E	A	N		B		L			
L	Y	E	S		S	A	S		S	L	O	E		
S	A	L	A	D		G		Y	I	E	L	D		
	C		B	O	R	E	D	O	M		D			
W	H	A	L	E		R		N	O	B	E	L		
E	T	A	R	E		F	L	O		N	E	N	E	
A		C		L	O	Y	A	L		L		T		
K	H	A	T	A	U		S	E	T	T	E	R		
I	M	M	I	X										
L	I	A	N	A										
A	B	U	S	E										
S	I	T	E	S										

QUICK

M	N	M		S	A	S								
L	A	D	I	D	A		P	L	U	M	P	S		
H		N		G		A		T		E				
L	I	M	A		N	E	W	W	O	R	L	D		
	M			E		N		D		L				
S		O		S		R		E		N				
G	Y	M	K	H	A	N	A		C	O	I	R		
	E		C		M			O						
A	G	R	E	E		S	T	R	E	T	C	H		
	H			S		S		F						
P	A	U	C	I	T	Y		S	A	L	S	A		
	M			E		N		D		L				
L	I	M	A		N	E	W	W	O	R	L	D		
H		N		G		A		T		E				
L	A	D	I	D	A		P	L	U	M	P	S		
O	I		E	E	R	I	E		E		D			
T	A	C	K	L	E		D	A	B	B	E	D		
E	K		S	K	E	A	N		B		L			
L	Y	E	S		S	A	S		S	L	O	E		
S	A	L	A	D		G		Y	I	E	L	D		
	C		B	O	R	E	D	O	M		D			
W	H	A	L	E		R		N	O	B	E	L		
E	T	A	R	E		F	L	O		N	E	N	E	
A		C		L	O	Y	A	L		L		T		
K	H	A	T	A	U		S	E	T	T	E	R		
I	M	M	I	X										
L	I	A	N	A										
A	B	U	S	E										
S	I	T	E	S										

RIDDLER
There are some that only employ words for the purpose of disguising their thoughts.
W-H-I-t-e-W-A-S-H

BULL'S EYE
abut, built, HALIBUT, haul, hula, tuba

QUOTE UNCODE

2	6	8	4	1	5	3	9	7						
7	4	1	3	9	6	2	5	8						
3	5	9	2	7	8	4	6	1						
6	1	7	8	2	3	5	4	9						
8	9	2	5	4	7	6	1	3						
4	8	6	1	3	2	9	7	5						
1	7	3	6	5	9	8	2	4						
5	3	4	9	6	1	7	8	2						
9	2	5	7	8	4	1	3	6						

SUDOKU

ALPHA TRIANGLE
T, Et, Ret, Rate, Avert, Tavern, Veteran.

GO FIGURE
Easy
6 + 5 + 6 + 5 = 22
Medium
4 + 3 + 4 – 8 = 3
Hard
6 / 2 + 9 + 5 = 17

LOOP

KAKURO

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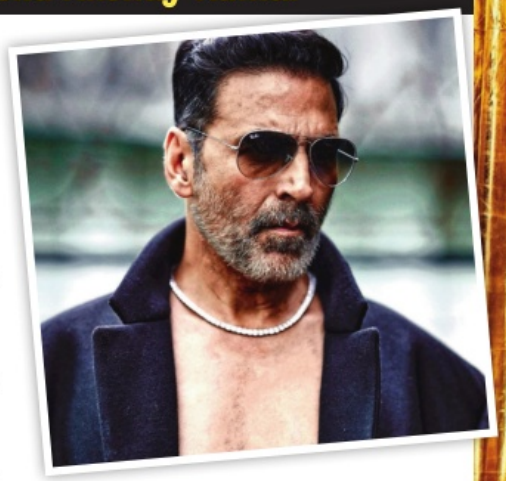
Chutzpah queen

Kareena has a witty answer for every question, and one involves her friend Akshay Kumar



Kareena Kapoor is undoubtedly one actress in Bollywood who wears her heart on her sleeve and never minces her words. The actress recently gave some interesting answers in an interview with a magazine. In the chat, the actress was seen playing a round of "wrong answers only" and it most definitely had her in her element. Clips from her conversation are going around on social media, where she only gave wrong answers to the questions asked to her.

When someone asked Kareena which celebrity she'd put up a poster of in her house, she thought for a moment and said, "I can't decide between Nick Jonas or Ranveer Singh." And when asked what she always keeps in her fridge, Kareena smiled and replied, 'Botox.'

When asked to choose an actor for her biopic, Kareena paused and picked Akshay Kumar.

As soon as the clip from the interview went viral on social media, likes and comments poured in from all sides. While one fan wrote, 'This is the evolved Poo that we dig!', another one added, 'We finally get Kareena back'. A fan also commented, 'So much better than Koffee With Karan, Kareena has evolved into this low-key, self-assured & very funny Poo & it's super fun to watch! Also good to see that KAREENA WAS NOT INTERRUPTED CONSTANTLY BY LUNA!'

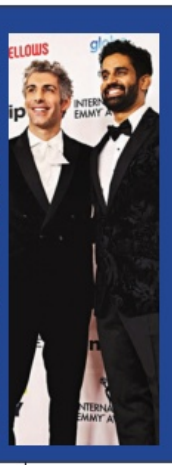
Kareena and Akshay have starred together in several films and They also share a friendly bond in real life. **ETimes**

Team India

Indian nominees Shefali Shah, Jim Sarbh, and Vir Das are ready for the prestigious 51st International Emmy Awards 2023, and the trio brought a touch of Indian glamour to the red carpet.

Taking to Instagram story, Shefali shared a picture of the trio.

Sharing the picture, she wrote, "Team India" along with red heart emojis.



All smiles as Shefali, Jim and Vir posed for a camera.

Best Actress nominee Shefali Shah flaunted her beautiful red saree with golden work over it at the International Emmy Awards red carpet in New York on Monday (local time).

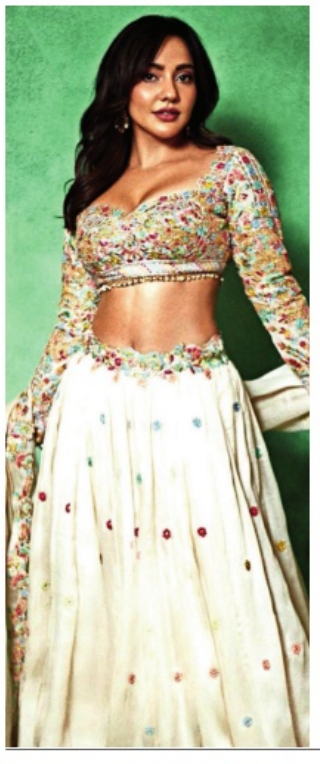
For glam on this special occasion, she kept her makeup minimal and wore a saree with a traditional golden statement necklace. Her wavy hair definitely accentuated her ethnic look and red round bindi complimented her entire look.

Shah has been nominated for Best Performance by an Actress for her performance in the series 'Delhi Crime Season 2'. She is competing with Connie Nielsen from Denmark, Billie Piper from the UK, and Karla Souza from Mexico.

Comedian Vir Das also opted for a traditional black bandhgala set for the International Emmy Awards ceremony.

Vir Das bagged a nomination for his comedy special 'Vir Das: Landing' which premiered on the OTT platform Netflix. **—ANI**

Influencer steal



While she has got a huge fan following on social media, Neha Sharma recently recalled a time when she was replaced in a movie. The actress said in an interview that everything was going quite smoothly and she was suddenly removed from the film. She said that in an interview with News18 that an influencer replaced her in that movie.

Neha was testing for the part and did some readings. That's when suddenly she got a call saying that it's not happening. The reason that she was given is that the influencer was taken in the movie because she had millions and millions of followers.

—ETimes

Why, ex, why?

Kartik Aaryan is yet to appear on Koffee With Karan but he has always been one of the hot topics of discussion on Karan Johar's popular chat show.

Recently, along with Ananya Panday graced the latest episode KJo mentioned that both actresses share a common ex whom they dated at different times. In a recent interview, Kartik reacted to being a constant topic on the show and being the fodder for gossip.

When he was asked if it bothers him, he said he believes that if a relationship is between two people the other person should not talk about it, adding that we should all respect our relationships. He then mentioned that he has never spoken about his relationship and he expects the same from his partner. "It's not good for someone to speak about the relationship. If things don't work out... but when you are with someone you don't imagine it to be like that. You don't imagine that it will get over," Kartik said. **—ETimes**

SANDALWOOD SHOTS

Y MAHESWARA REDDY

A five-year effort

Meet R Chikkanna who debuts as a director in Sandalwood with Electronic City, which he is also bankrolling. It is said Chikkanna has been trying to helm a Kannada movie for the last five years. Now Chikkanna is over the moon as he realises his five-year-old dream.

"I have been working as an engineer for the last 16 years. I wanted to direct a movie about engineers working at IT companies. I wrote the script five years ago. After discussing with many people from the Kannada film industry. The shooting of the movie began in 2021 and completed by 2022," said Chikkanna.

The trailer of the movie was released by Karnataka Pradesh Congress Committee (KPCC) Secretary Shivanna and educationist Wooday P Krishna at a function held at Kalavidara Sangha on Sunday. They wished good luck to the cast and crew. Aryan Shetty plays the lead role in this movie.

Unique publicity

The lead pair of Kannada movie Ardhambardha Premakathe has embarked on a state-wide tour to promote their upcoming movie. Aravind KP and Divya Uruduga are busy visiting temples and cities as part of – Wristband – programme to promote Ardhambardha Premakathe that is scheduled for release on December 1.

"The lead pair of our movie is visiting cities to meet people and students to invite them to watch the movie at the nearby theaters from December 1 onwards. As of now, I am busy with the preparations for the release of the movie. It has got a UA certificate from the Central Board of Film Certification," said director Aravind Kaushik.

The director said the movie Ardhambardha Premakathe belongs to the love genre. Aravind KP, a biker-turned-actor, makes his debut as a hero in Sandalwood with this movie. A video of Aravind and Diya was shared showing both seeking blessings at a temple for the success of the movie. "The lead pair has extended an invitation to all moviegoers by opening an invitation card," he said.